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Electric Pressure Cooker: Superfast Pressure Cooker Recipes - Healthy, Delicious, Quick And Easy Meals



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Synopsis

Over 200 delicious, easy-to-follow recipes, all designed with the American home cook in mind. Each of the recipes includes a complete table of nutritional facts so you can make sure you’re feeding your family right. However, this volume is much more than a mere cookbook; it’s a concise guide to all aspects of Electric Pressure cooking. We’ll teach you how to select the right Electric Pressure for you, how to use your fancy new appliance, and how to adapt the Pressure Cooker recipes to your own tastes and available ingredients.Here Is A Preview Of What You Will Learn...Electric Pressure Cooker Options & BasicsBreakfast RecipesBeans & GrainsVegetables & SidesFish & SeafoodMeatless MainsBeef & PorkSnacks & AppetizersNatural Yogurt RecipesVeganDelicious Sides & SnacksProtein Rich PoultrySavory Rice & Pasta DishesSoups & StewsDesserts

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Customer Reviews

This is a very compressive and informative book for all those who want to learn about cooking in the Electric Pressure Cooker. This book contains excellent information that is useful both for beginners, but also for those who are not. I’m delighted with the recipes from this book, I tried some, but I can

not wait to try some more.

Whenever I come across pressure cookers one thought always comes to mind, it's complicated or intimidating to use. Never thought it would be this convenient to use. The given recipes were even easy to make, it's really practical even for beginners. Definitely recommended!

I love my instant pot and this book helped me understand how to use it and make delicious recipes.Tremendous help with my cooking. I am trying new recipes all the time. Recommended read.

This is an interesting and a perfect book for instant pot recipes, these recipes are instantly make in Electric pressure cooker and I am happy to get this book because the book is save my time and also introduce to many delicious recipes thanks. I like to thank the author for presenting such a great book. This pressure cooker cookbook is an excellent guide for me. It guides me a lot. I would really suggested.

A nice little recipe book that you can cook with pressure cookers, the recipes are creative and useful for busy professionals.

If you want to cook fast,easy and delicious meals for your family then this book is a perfect catch. This book contains a lot of healthy and nutritious recipes that taste really wonderful and will make your family keeps on asking for more. I enjoyed cooking the recipes inside as well as serving it to my family. They all loved it.

its really useful it'll teach you how to select the right Electric Pressure for you, how to use your fancy new appliance, and how to adapt the Pressure Cooker recipes to your own tastes and available ingredients.

This cookbook is the best!! I'm one of those cooks that loves recipes, but gets easily intimidated by new equipment in my kitchen. It gives instructions on how to use the different features of the pressure cooker and the settings to use. It has a good variety of recipes. A great addition to every experienced cook, but also a great way to get started with pressure cooking.

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